

Nordic Skill Development Program 2016-2017 Calendar Final

-3 BCDS Camp Whistler (begins Aug 28)
11-14 BCTS Camp 100 mi
13 Bottle Drive
14 AGM
17 Dryland starts (Jv/Jr)
21-25 BCDS Camp Revelstoke
30-2 XC Dryland Camp PG

SEPTEMBER 2016						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

OCTOBER 2016						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

12 Ski Testing (TA-JR)
26 McBike Night
14-16 L2T Dryland Smithers
19 McBike Night
28 Ski swap
31 Biathlon begins

4-5 ICC
11-15 BCTS Camp Vernon
19 Snowflake Social

NOVEMBER 2016						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

DECEMBER 2016						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

2-4 XC Snow Camp Smit
6-9 Pre race XC camp in Vernon with Lisa
10 Welcome Ski
10-11 XC Noram (Vernon)
17 Ski with Santa/Sweet Ski
17-18 Bthln BC Cup (Kelowna)
17-18 XC Noram (Rossland)

4 First Day Masters
7-8 XC BC Cup #1 Sal. Arm
7 first Day of Rabbits
14-15 Bthln BC Cup (Quesnel)
14 XC Nrthn Cup (Vndrhf)
15 Tour De Soup/Buchfink
21-22 XC Westerns (Whistler)
28-29 Bthln BC Cup (Whistler)
29 Women's Ski Clinic
29 XC Nrthn Cup (Brns Lk)

JANUARY 2017						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEBRUARY 2017						
S	M	T	W	Th	F	S
			1	2	3	4
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

4-5 XC BC Cup #2 PG
7 Time Trial in Town (tent)
9 Rabbit night ski
11 Superhero Day
11-12 Bthln BC Cup (Brns Lk)
12 XC Nrthn Cup (Smthrs)
?13 Family fun event?
17-19 XC BC Cup (Kmlps)
25-26 XC Midgets (Kelowna)
26 XC Brns Lk Loppet

4 Rabbit Fun Day
5 XC Ntl Prep(Brns Lk)
6-12 Bthln Nationals (PG)
11 Wetinkwa Marathon
18-25 XC Nationals Canmore

MARCH 2017						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

APRIL 2017						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

2, 9, 16 Spring Into Biathlon
Legend:

■	Skill Development Program
■	Local Race
■	Out of Town Race
■	Local Skill Development Camp
■	Out of Town Skill Devt Camp
■	Club and Volunteer Events
■	NSDP Fundraising Event
■	Coach and Officials Training

Dryland Practices

	Mon	Tues	Wed	Thurs	Sat
RB					
ER					
TA & TA2			3:45-4:45		TBD
JV		5:00-6:45		3:00-4:30	9:30-12
JR		3:30-5:00		3:00-4:30	9:30-12:
MR					
BL					
MB					

NB. All **JV/JR** are welcome to run with SSS from 3:15-4:30, MWF until Nov. 7.

On Snow Practices

	Tues	Wed	Thurs	Fri	Sat
RB					1:00-3:00
ER			3:30-5:00		1:00-3:00
TA	6:00-7:30		3:30-5:00		1:00-3:00
TA2	6:00-7:30		3:30-5:00		10:00-12:00
JV/JR	6:00-7:30	4:00-5:30	3:30-5:30		10:00-12:00
MD		7:00-8:30			
MF		6:30-8:00			
BL					1:00-3:00
BLM					9:10-12

Abbreviations:

RB	Rabbits	JV	Juvenile	MF	Masters Fit	BCDS	BC Cross Country Development
ER	Extended Rabbits	JR	Junior	BL	Biathlon	BCTS	BC Cross Country Talent Squad
TA/TA2	Tacos/Midgets	MD	Masters Drop In	MB	Masters Biathlon	BLDS	BC Biathlon Development Squad