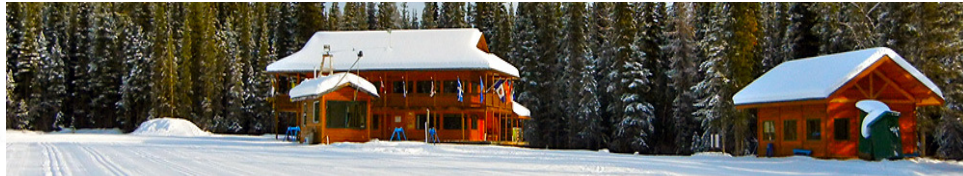


# Northern Cup



# Teck



**Bulkley Valley Cross Country Ski Club  
is hosting the**

**Teck Northern Cup #5 and Chris Dahlie Open**  
Sunday, Feb 6, 2022  
Mass Start, Classic Technique

**Race Notice**

**Race Format:** Classic Technique, Mass Start

**Date/Time:** Sunday, Feb 6, 2022, 11:00 am

**Race Location:** Bulkley Valley Nordic Centre (Hudson Bay Mountain Rd.)

**Directions and map:** <https://bvnordic.ca/trails-and-facilities/directions>  
<http://www.bvnordic.ca/trails-and-facilities/maps/>  
<https://bvnordic.ca/index.php/events-activities/races/teck-northern-cup-5>

**Host Club:** Bulkley Valley Cross Country Ski Club: <http://www.bvnordic.ca/>

**Title Sponsor:** Teck Resources Limited

**Information:**

Chief of Competition:	Robbie Dunbar (250) 847-5510 Jen Plummer (250) 847-0314 race@bvnordic.ca
Race Secretary:	Dean Allen Laura Hols-Wimbush
Chief of Results:	Mark Gillis
Chief of Course:	Patrick Williston
Chief of Timing	Liza Hart
Chief of Stadium	Robb Nisbet

**Rules:** Nordiq Canada Rules and Regulations

**Technical Guidelines** 2021/22 Teck Northern Cup Series. Technical Guidelines are found on Cross Country BC's [Website](#).

**Race Entries:** By ZONE4: Access <https://zone4.ca/register.asp?id=28072> to enter your information and pay by credit card. Any questions please contact: [race@bvnordic.ca](mailto:race@bvnordic.ca)

- Race Registration** Registration is only through Zone 4 **Online Registration only**  
<https://zone4.ca/register.asp?id=28072> (Click on or cut and paste link into browser as required.)
- Credit card payment is required. E-mail confirmation after registration will be sent if registered correctly.
- Licenses:** Licenses are not required for this event
- Entry Deadlines:** Closing deadline for online registration is:  
**Wednesday, Feb 2, 11:59 PM, 2022**  
**NO LATE ENTRIES WILL BE ACCEPTED**
- COVID Safety Plan** The current race event COVID Safety Plan can be found at  
<https://bvnordic.ca/index.php/events-activities/races/teck-northern-cup-5> It is essential that all race participants read the plan carefully and fully understand it ("participants" = all racers, officials, coaches and support staff including wax techs, drivers, spectators, etc.).
- Please be aware that Public Health Orders may change and participant requirements may need to be altered. Please consult the event website regularly for updated notices and changes.
- Draw:** Start lists will be posted at the Race Office on race morning.
- Bib Pick-Up:** Race day, 9:45 a.m. to 10:30 a.m., at the Gary Murdoch Wax Hut.
- Awards:** Award presentations will take place immediately following the race. Awards for athletes 15 years and younger will be provided by Teck Resources Ltd. Ribbons and medals will be given to participants aged 15 and younger, as follows: 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place medals for age categories 8, 9, 10, 11, 12, 13, 14, 15 - both male and female will be awarded. Ribbons for 4<sup>th</sup> and 5<sup>th</sup> place skiers will be provided for the above age categories, as will participant ribbons for all children 7 years of age and younger. Awards for older athletes will be provided by BV Nordic.
- Concession:** No lunch or concession will be provided at this race.

**Waxing:** **Due to COVID policy**, the Gary Murdoch Memorial Waxing Hut will **not** be available for waxing on the day of the race.

Outdoor electric plug ins will be available for hot irons.

**CCBC Protocol Regarding the Use of Fluorinated Waxes**

*Cross Country BC has adopted a No Fluoro policy for all age categories at all Teck Regional Cup races, please see*

[CCBC No-fluoro Glide Waxing Protocol](#)

**Non-fluoro waxing protocol applies to all ages:**

- Structure tools ARE permitted.
- Only identified non-fluoro (NF) glide waxes are permitted
- Fluorinated grip waxes ARE permitted

**Accommodation:** For accommodations as well as other activities in Smithers please visit:  
<http://www.tourismsmithers.com/>

**Trail pass:** Registered racers and coaches will be provided a trail pass for the day of the race at the race bib handout location. Spectators do not require a trail pass to watch the race. If you are not a racer or a coach you will require a day pass to use the trails on the day of the race.

**Cancellation:** There will be no refund for participants who choose to not start their race. If race organizers cancel the race(s) due to unsafe weather conditions, a full refund will be made to participants except for any online processing fees. Races will be cancelled or postponed if temperature or weather conditions are unsuitable at start time.

With air temperatures below -20°C (temperature measured at the coldest point of the course and without wind factor) and competition distances less than or equal to 15 km, the Jury must postpone or cancel the competition. For athletes under 12 years of age, with air temperatures below -15C (temperature measured at the coldest part of the course and without a wind factor), the Jury must postpone or cancel the competition.

**Race Routes:** Route maps will be posted at the lodge prior to the race and on the BV Nordic website at <https://bvnordic.ca/index.php/events-activities/races/teck-northern-cup-5>

### **RACE CATEGORIES & DISTANCES**

Categories are based on the racer's age on December 31, 2021

Awards will be based on the categories below.

Results will be grouped by category and will identify year-of birth.

<b>Category</b>	<b>Age</b>	<b>Year Born</b>	<b>Distance (KM)</b>	<b>Course</b>	<b>Fee*</b>
U8 Boys	5, 6, 7	2016, 2015, 2014	0.77	1x0.77	\$10.00
U10 Boys	8, 9	2013, 2012	1.5	1x1.5	\$10.00
U12 Boys	10, 11	2011, 2010	2.5	1x2.5	\$15.00
U14 Boys	12, 13	2009, 2008	5.0	2x2.5	\$15.00
U16 Boys	14, 15	2007, 2006	7.5	1x5.0 and 1x2.5	\$15.00
U18 Boys	16, 17	2005, 2004	10.0	2x5.0	\$15.00
U20 Men	18, 19	2003, 2002	10.0	2x5.0	\$15.00
Open Men	20 - 29	2001-1992	10.0	2x5.0	\$20.00
Masters Men	30 and over	1991 & earlier	10.0	2x5.0	\$20.00
Para-Stand Men	Open	Open	7.5	1x5.0 and 1x2.5	\$20.00
U8 Girls	5, 6, 7	2016, 2015, 2014	0.77	1x0.77	\$10.00
U10 Girls	8, 9	2013, 2012	1.5	1x1.50	\$10.00
U12 Girls	10, 11	2011, 2010	2.5	1x2.50	\$15.00
U14 Girls	12, 13	2009, 2008	5.0	2x2.5	\$15.00
U16 Girls	14, 15	2007, 2006	7.5	1x5.0 and 1x2.5	\$15.00
U18 Girls	16, 17	2005, 2004	7.5	1x5.0 and 1x2.5	\$15.00
U20 Women	18, 19	2003, 2002	7.5	1x5.0 and 1x2.5	\$15.00
Open Women	20 - 29	2001-1992	7.5	1x5.0 and 1x2.5	\$20.00
Masters Women	30 and over	1991 & earlier	7.5	1x5.0 and 1x2.5	\$20.00
Para-Stand Women	Open	Open	7.5	1x5.0 and 1x2.5	\$20.00