

Teck Northern Cup #1 and #2  
Chris Dahlie Open  
BC Winter Games Trials  
January 3-4, 2026  
Course Maps

Bulkley Valley Cross Country Ski Club

(Note Exhibition Event: Team Sprint, Jan 3, 2pm)

## RACE CATEGORIES & DISTANCES

### Teck Cup Main Events

		Saturday, January 3		Sunday, January 4	
		Interval Start, Classic		Mass Start, Free	
		11:00 am Start		11:00 am Start	
Category	YOB	Males	Females	Males	Females
U8	2020, 2019, 2018	0.77km		0.77km	
U10	2017, 2016	1.0km		1.0km	
U12	2015, 2014	2.5km		3.0km	
U14	2013, 2012	3.0km		3.0km	
U16	2011, 2010	5.0 km (2 x 2.5km)		7.5km (2 x 3.75km)	
U18	2009, 2008				
U20	2007, 2006				
U23	2005, 2004, 2003				
Senior	2002-1996				
Masters	1995-1986				
	1985-1976				
	1975-1966				
	1965+				
Para Nordic	Open	TBD		TBD	

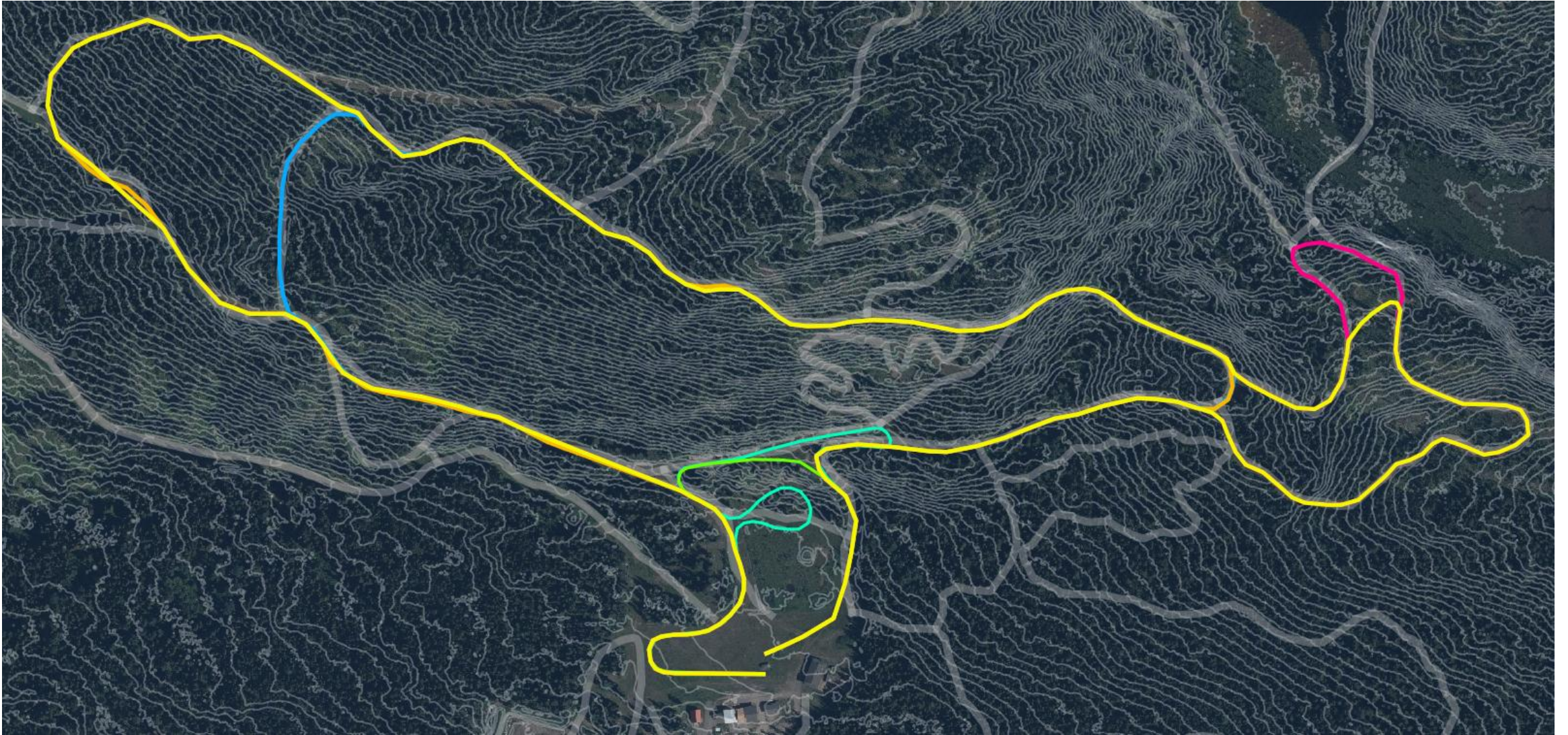
# Stadium

(Saturday Jan3)



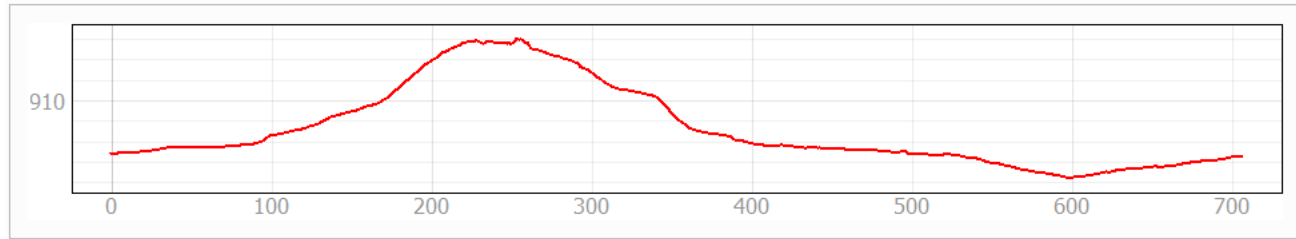


# Overview





0.77km



Distance= 707m

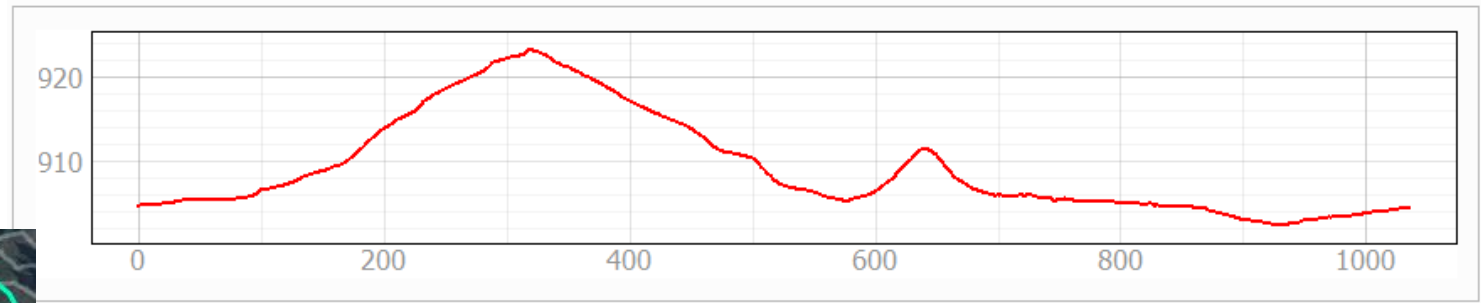
Total Climb=13m

Course Elev low=903m

Course Elev high=916m



1km



Distance= 1036m

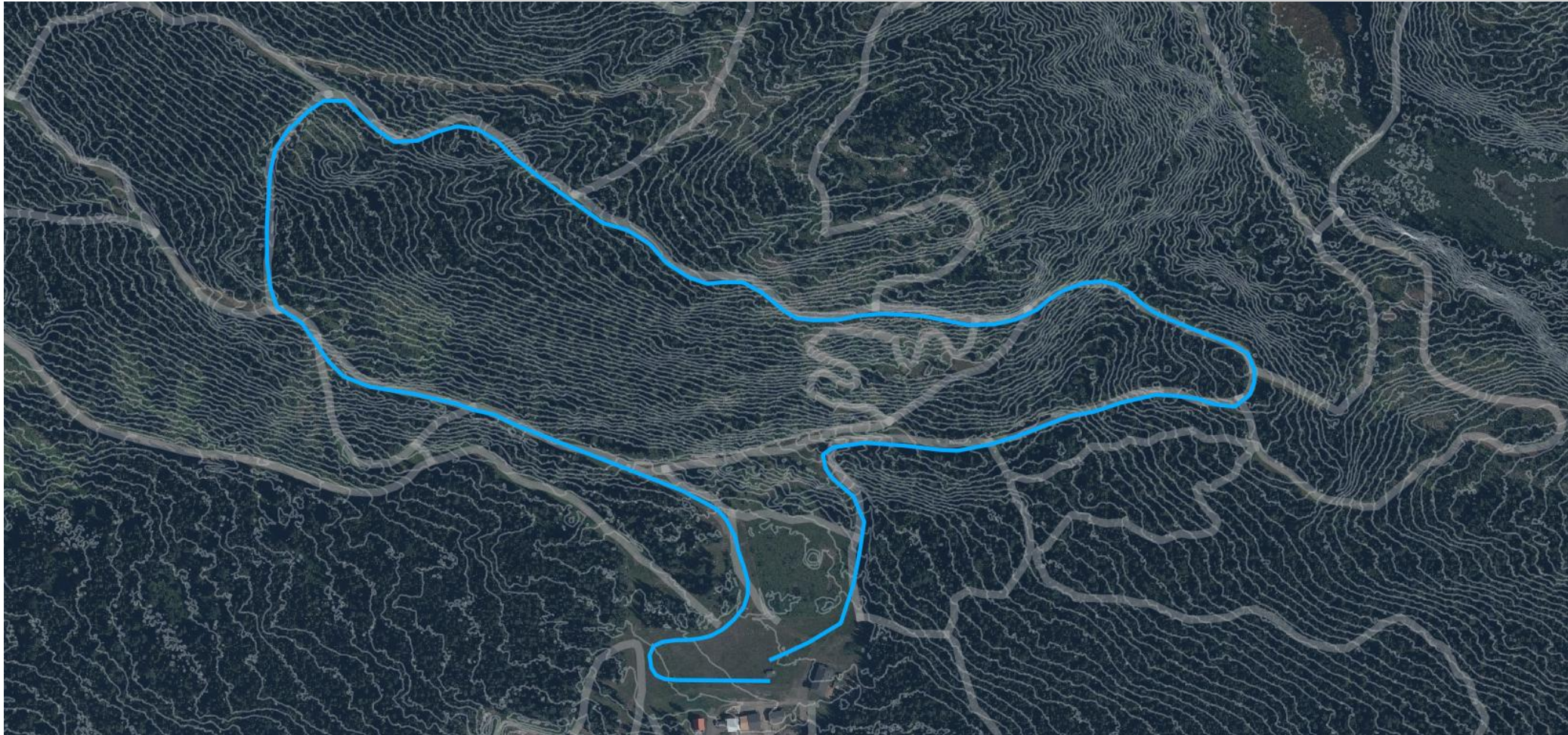
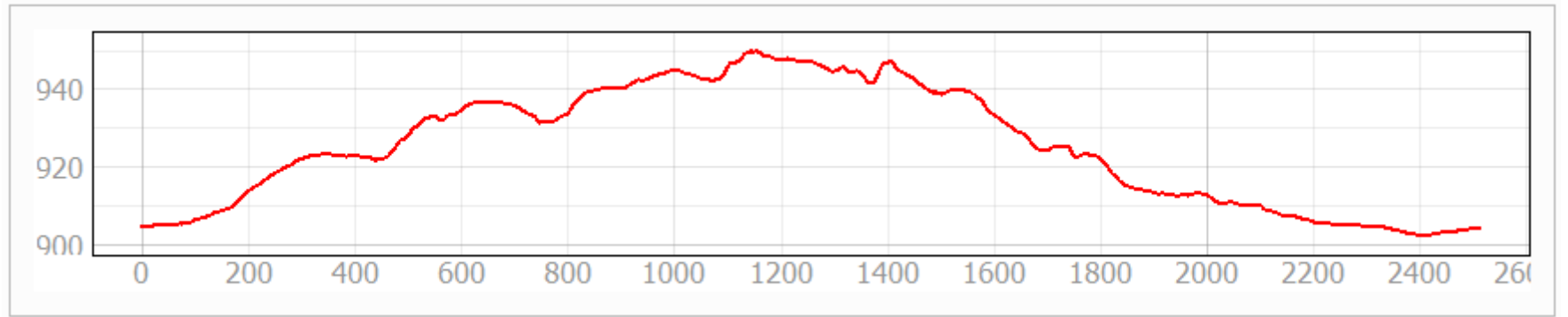
Total Climb=27m

Course Elev low=903m

Course Elev high=923m



2.5km



Distance=  
2513m

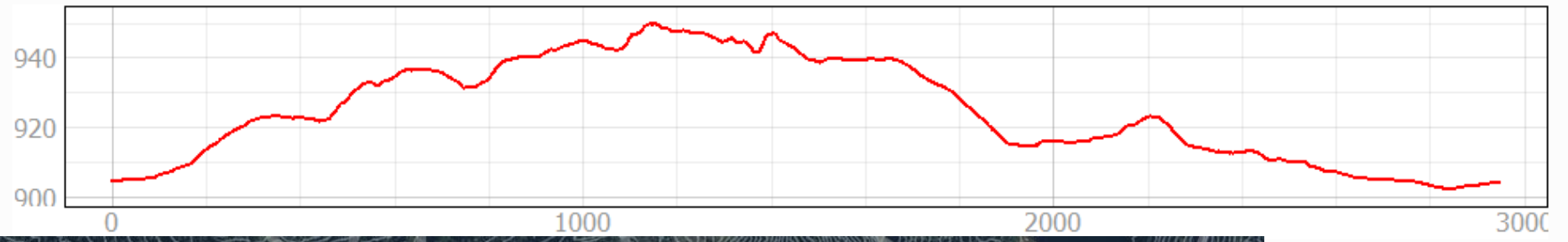
Total Climb=  
68m

Course Elev  
low=898m

Course Elev  
high=955m



3km



Distance=  
2948m

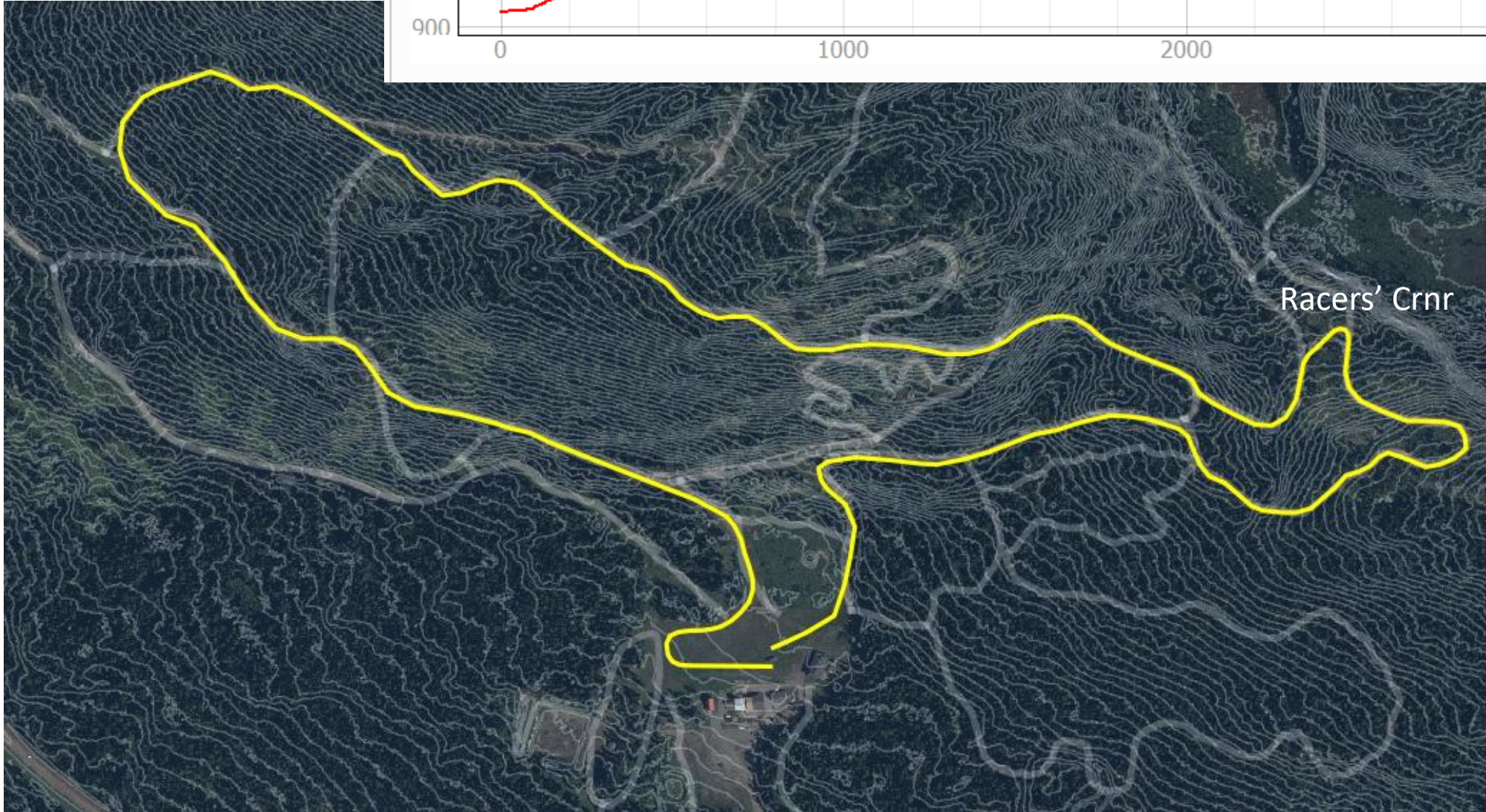
Total  
Climb=76m

Course Elev  
low=898m

Course Elev  
high=955m



# 3.75km Indiv Start



Distance= 3678m

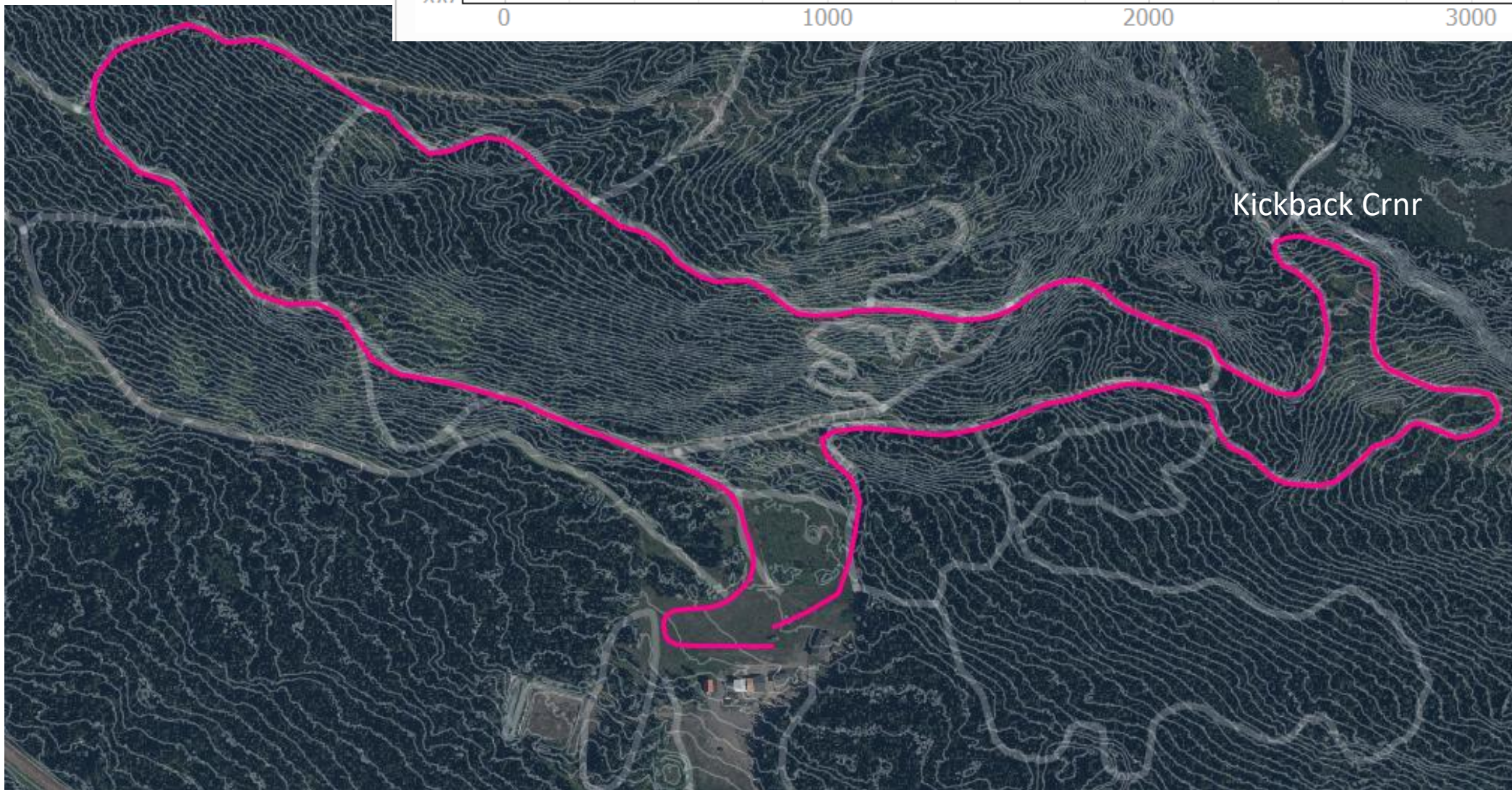
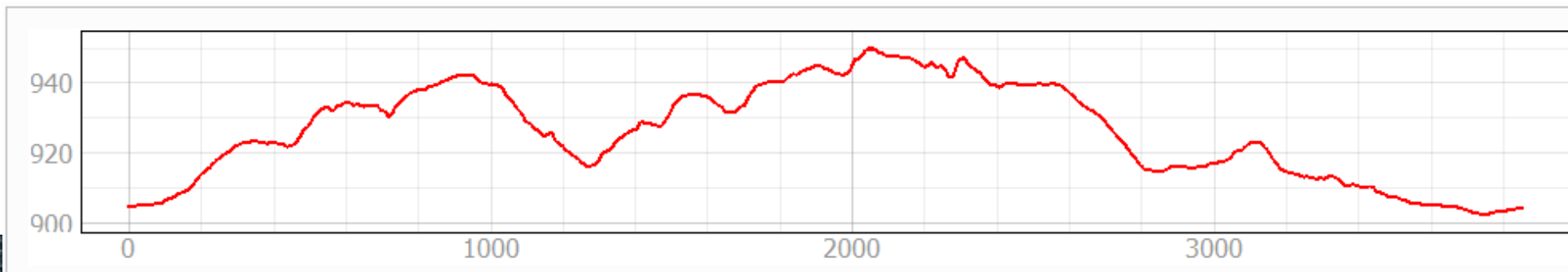
Total climb= 100m

Course Elev  
low=898m

Course Elev  
high=955m



# 3.75km Mass Start



Distance=  
3852m

Total climb=  
108m

Course Elev  
low=903m

Course Elev  
high=955m



# Warm-up areas

Broadway trail  
(out and back,  
links to Logging  
rds, Wetzin'kwa,  
Perimeter)

Tunnel  
connector &  
One Click Right,  
(links to Pine  
Creek)



# Team Sprint Exhibition Event:

A Team Sprint consists of a pair of skiers, who alternate laps of the same course using the same technique (in this race Free technique), with an exchange zone to tag off to each other between laps. In this event each athlete will complete the number of laps and distances below. The total race distance is also shown.

(Mass starts by race distance group, no heats)

Category	# and distance of laps for each skier	Total race distance
U10	2 x 250m	1000m
U12, U14	3 x 350m	2100m
U16 and up	3 x 650m	3900m

