

Teck Northern Cup #1 and #2
Chris Dahlie Open
BC Winter Games Trials
January 3-4, 2026
Course Maps

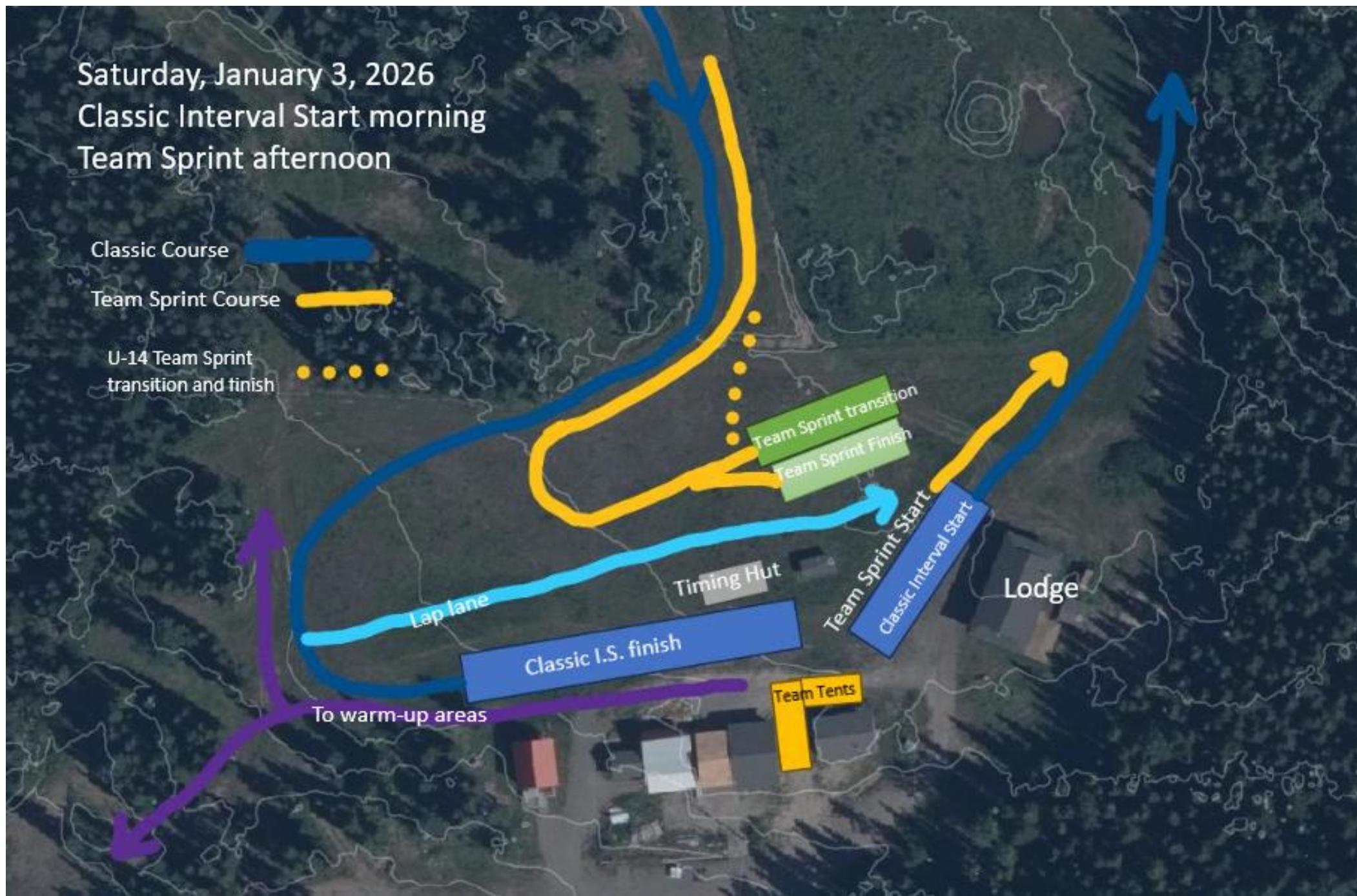
Bulkley Valley Cross Country Ski Club

(Note Exhibition Event: Team Sprint, Jan 3, 2pm)

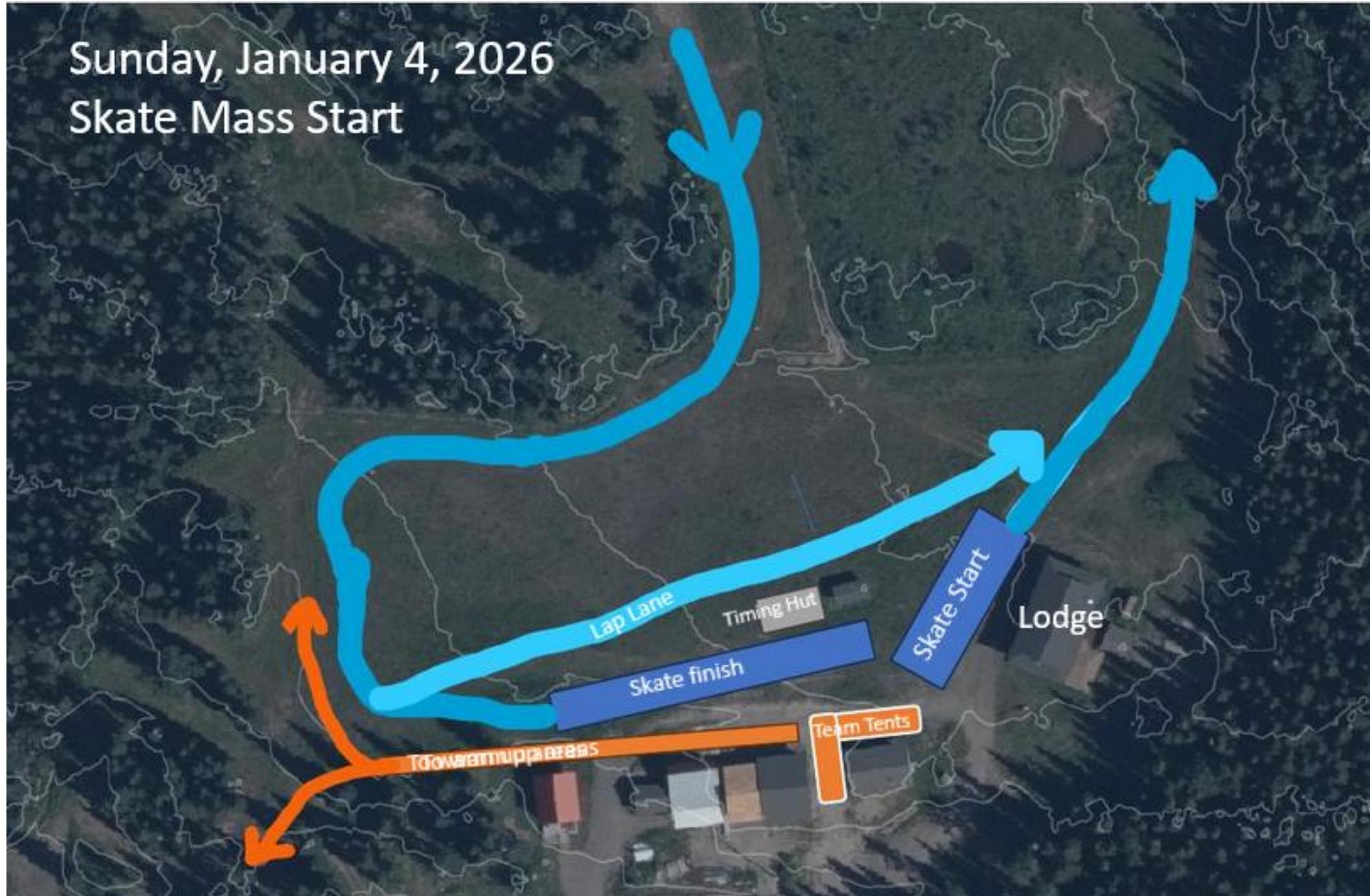
RACE CATEGORIES & DISTANCES

Teck Cup Main Events

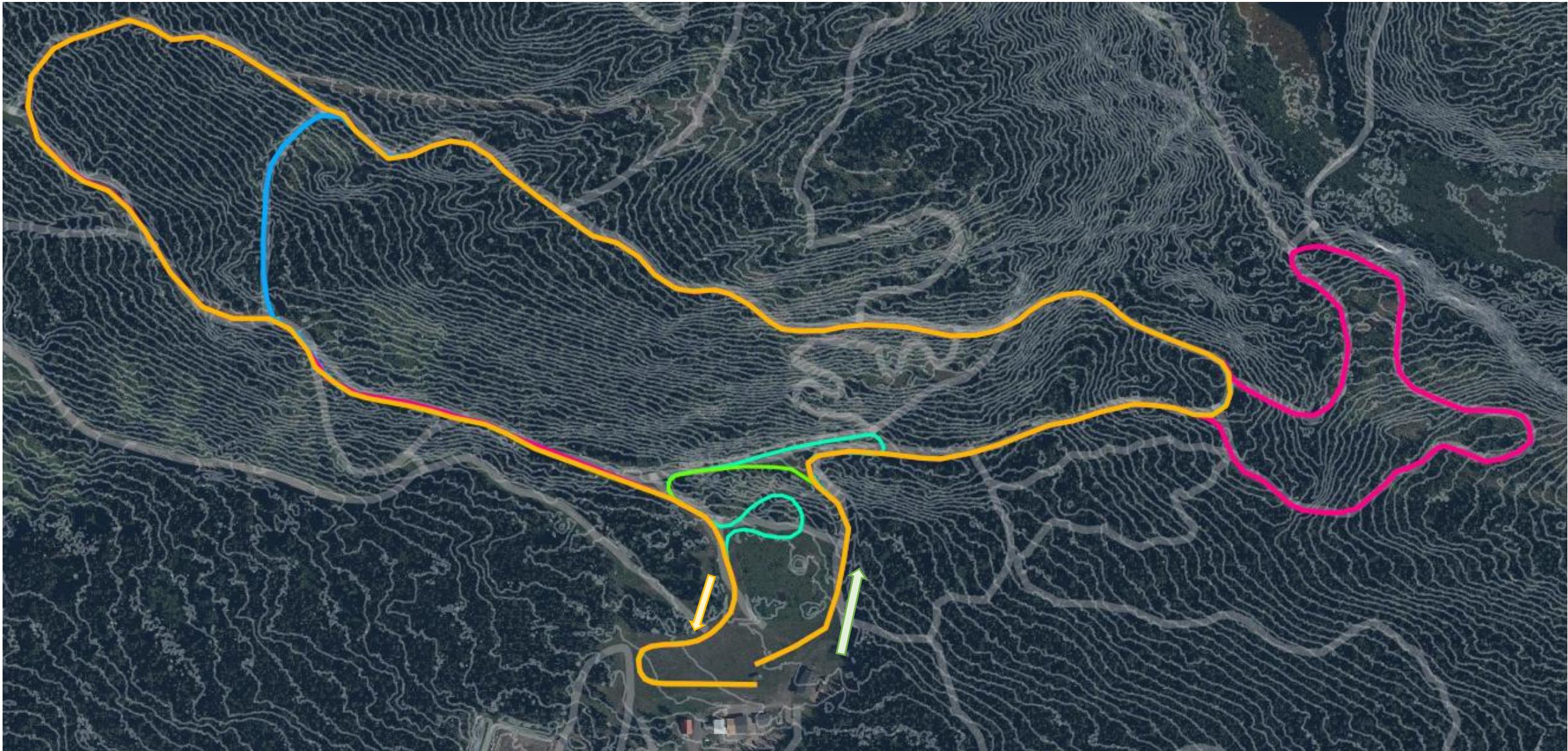
		Saturday, January 3		Sunday, January 4	
		Interval Start, Classic		Mass Start, Free	
		11:00 am Start		11:00 am Start	
Category	YOB	Males	Females	Males	Females
U8	2020, 2019, 2018		0.77km		0.77km
U10	2017, 2016		1.0km		1.0km
U12	2015, 2014		2.5km		3.0km
U14	2013, 2012		3.0km		3.0km
U16	2011, 2010		5.0 km (2 x 2.5km)		7.5km (2 x 3.75km)
U18	2009, 2008				
U20	2007, 2006				
U23	2005, 2004, 2003				
Senior	2002-1996				
Masters	1995-1986				
	1985-1976				
	1975-1966				
	1965+				
Para Nordic	Open		TBD		TBD



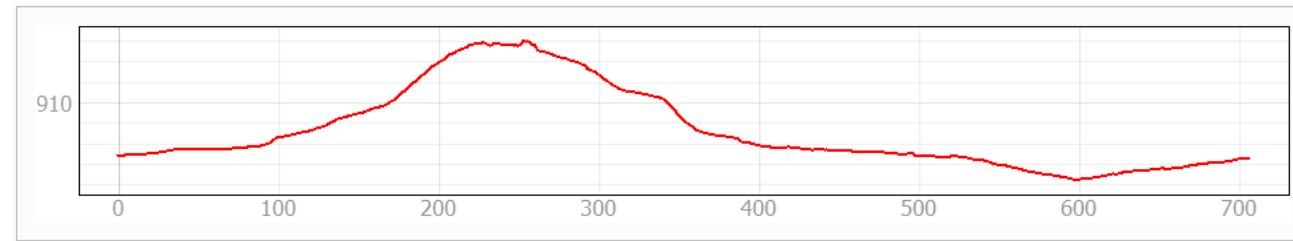
Sunday, January 4, 2026
Skate Mass Start



Overview



0.77km



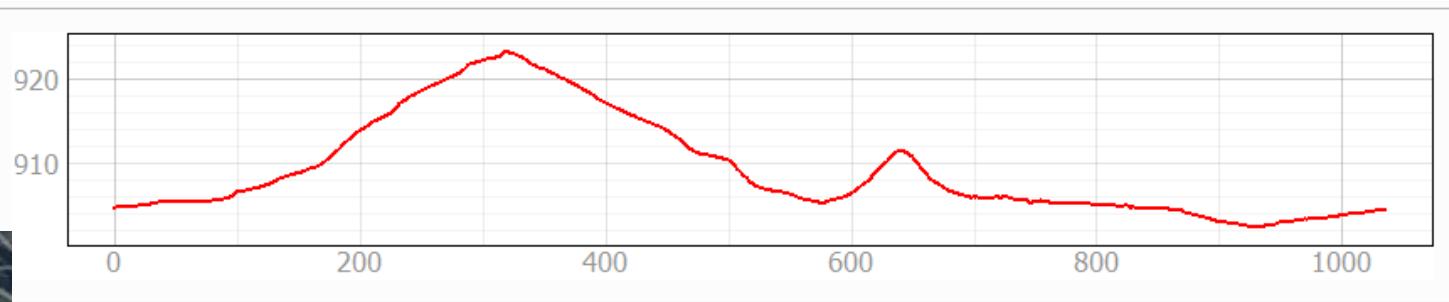
Distance= 707m

Total Climb=13m

Course Elev low=903m

Course Elev high=916m

1km



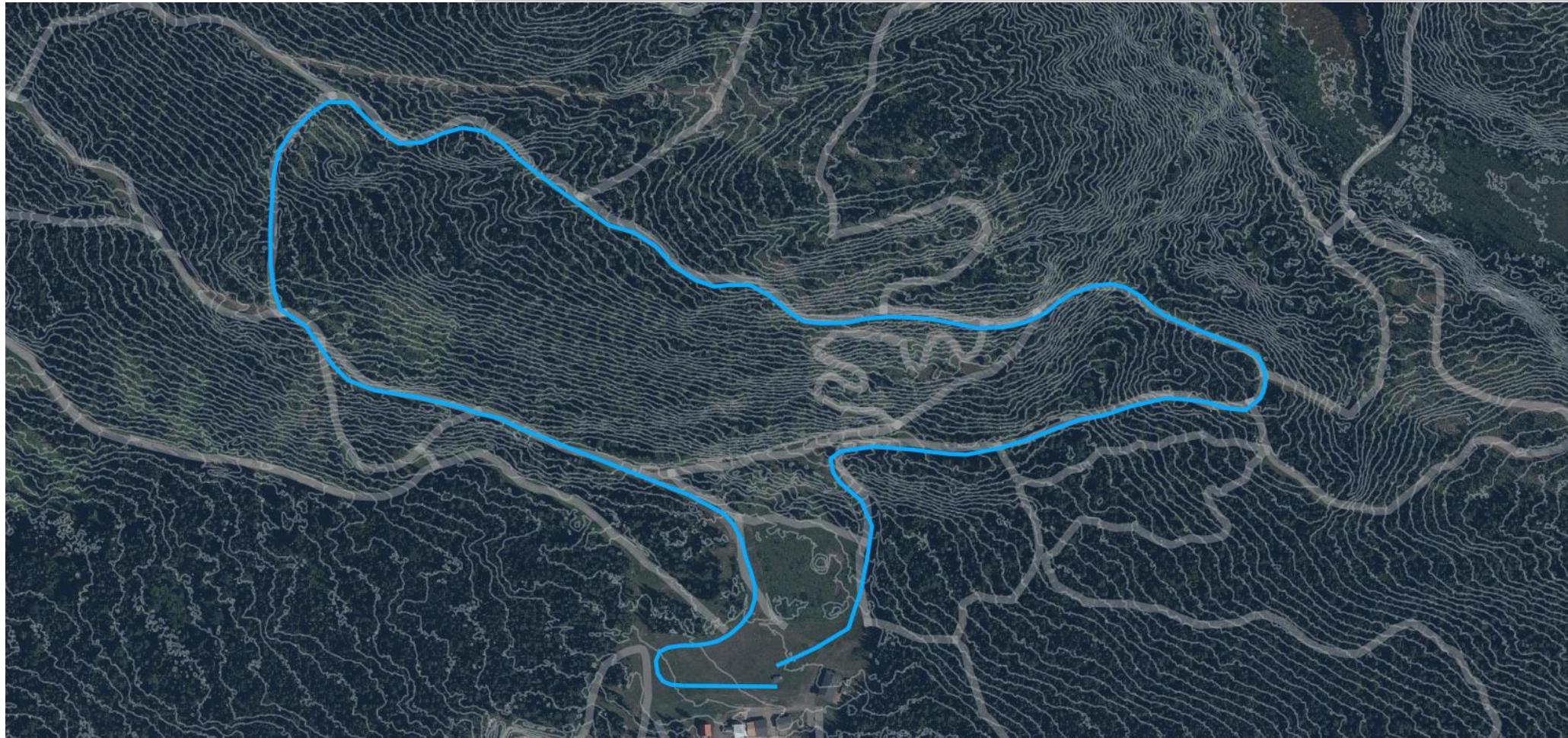
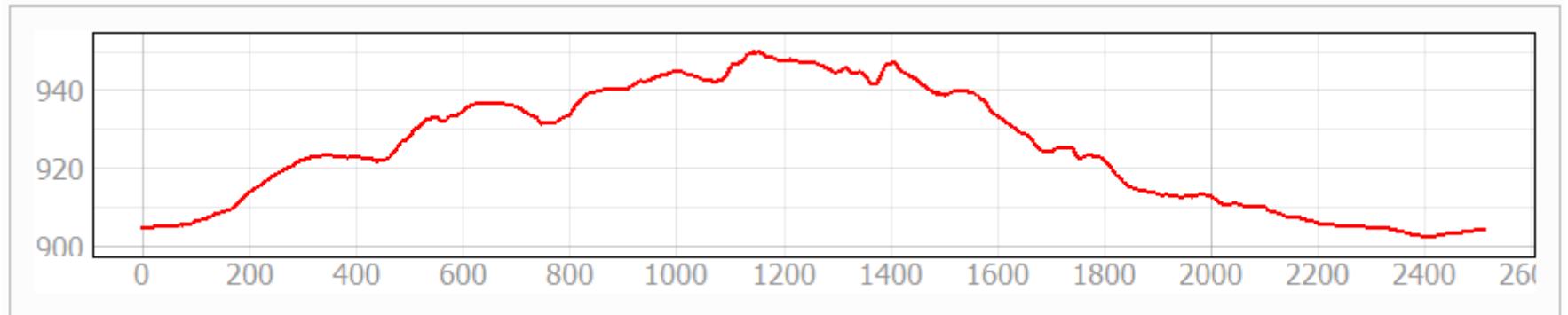
Distance= 1036m

Total Climb=27m

Course Elev low=903m

Course Elev high=923m

2.5km



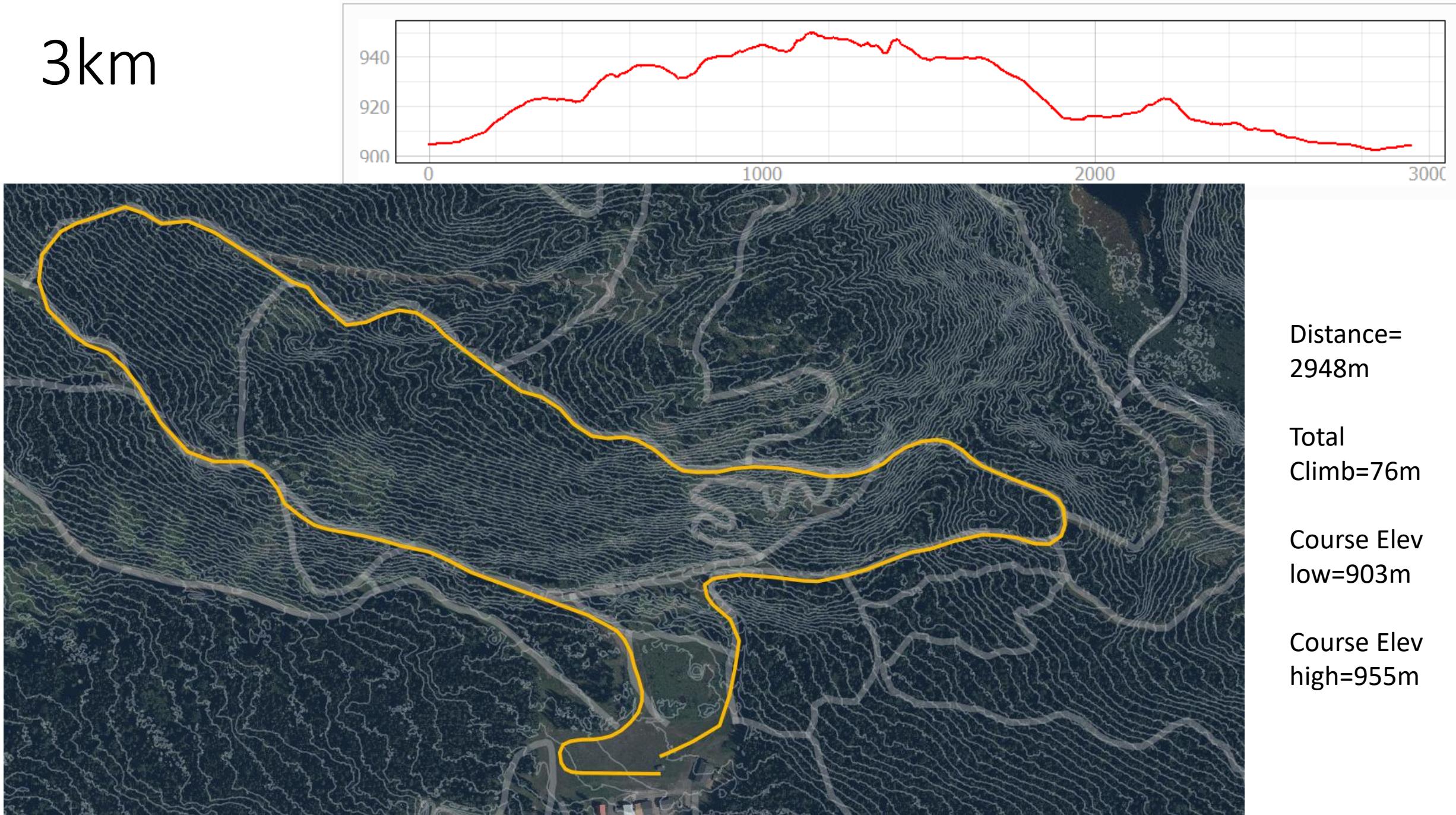
Distance=
2513m

Total Climb=
68m

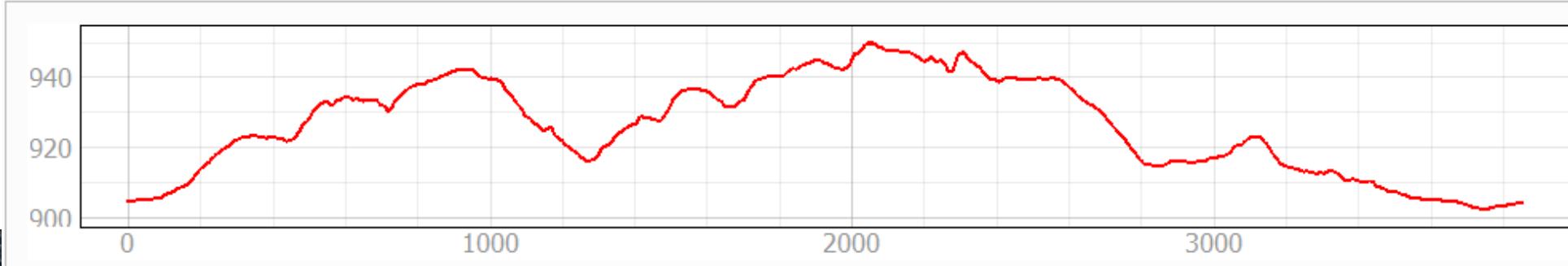
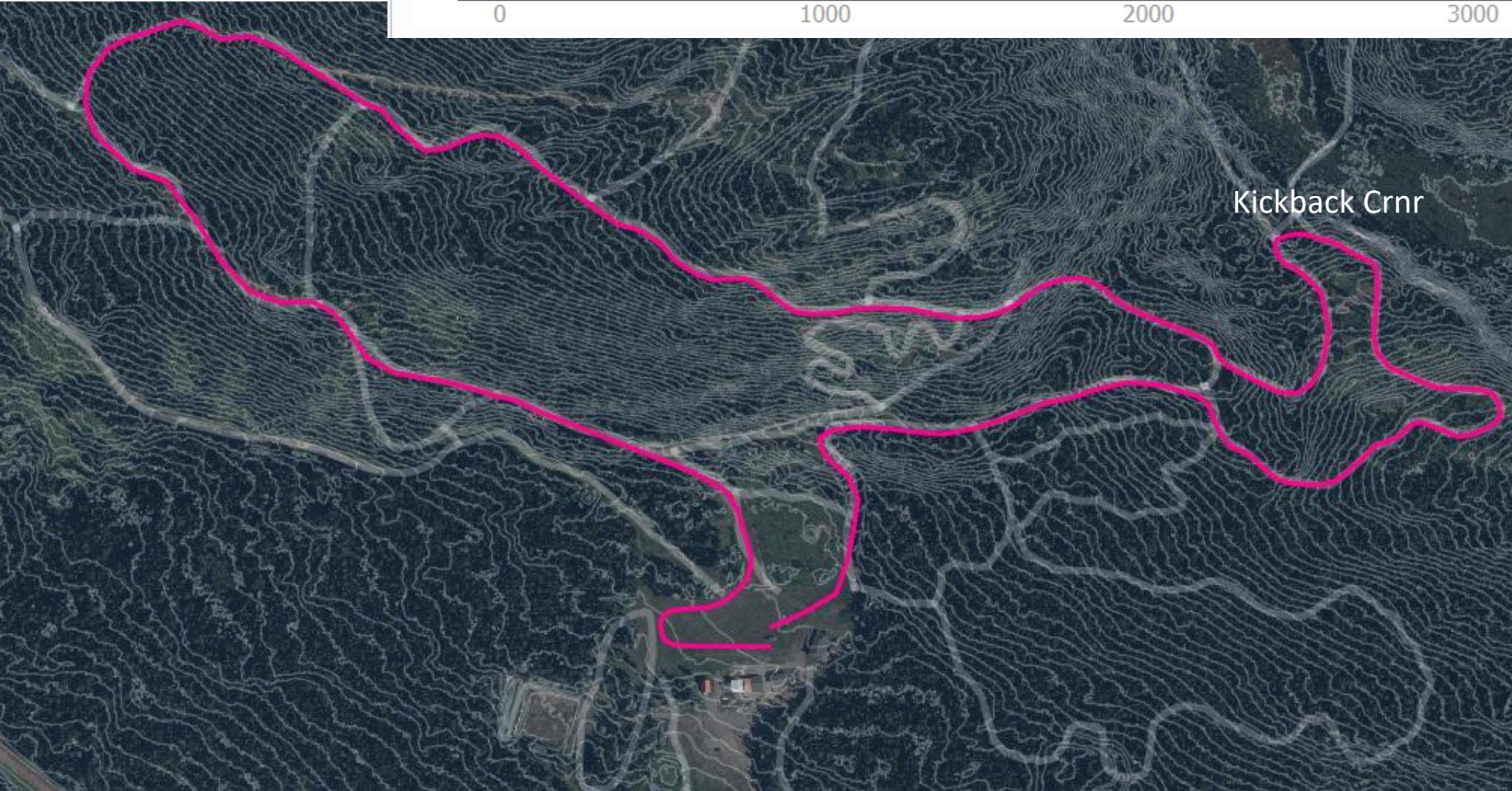
Course Elev
low=903m

Course Elev
high=955m

3km



3.75km



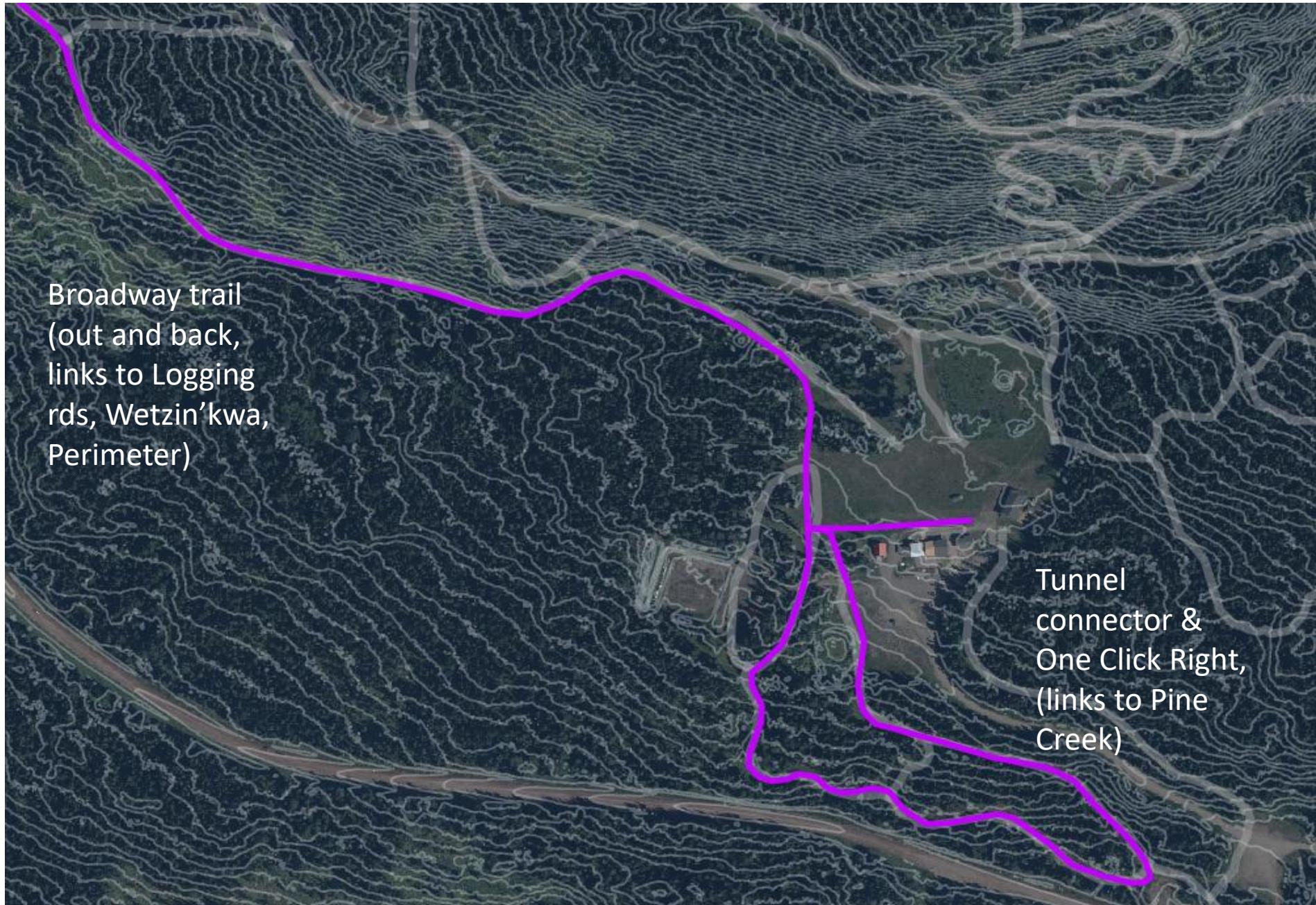
Distance=
3852m

Total climb=
108m

Course Elev
low=903m

Course Elev
high=955m

Warm-up areas



Team Sprint Exhibition Event:

A Team Sprint consists of a pair of athletes skiing alternate laps of the same course using the same technique (in this race Free technique), with an exchange zone to tag off to each other between laps. In this event each athlete will complete the number of laps and distances below. The total race distance is also shown.

(Mass starts by race distance group, no heats)

Category	# and distance of laps for each skier	Total race distance
U8, U10	3 x 200m	1200m
U12, U14	3 x 350m	2100m
U16 and up	3 x 800m	4800m

