

BVCCSC is grateful to be located on the unceded territory of the Wet'suwet'en Nation
Listen to Witsuwit'en Elders discuss Indiantown, an Indigenous community that existed until the 1960s, & learn the history of
Witsuwit'en-settler relations: <https://vimeo.com/794973078>



Jan's Grooming Update:

On New Years eve, around 11:45 pm, two quads entered our trails & made a real mess on Northern Lights, Hilltop, Down & Out & Broadway. It's discouraging & disrespectful behaviour. If anyone has information, please contact me. Thanks to our Bison operators, you will not have noticed the mess on New Year Day.

Demo Forest Upper loop will remain closed. There are still creeks with running water across the trail. We can't stop you from using this trail, but it won't be groomed until conditions improve. On the other hand; We have started the process of grooming out the lower Down the Mountain and Valley View. There are still some dirt lumps that you need to be aware of, but it's been groomed with sleds & is skiable. At the moment, this part will continue to be groomed by smaller machines until conditions improve.

Who other people idolize:



Who Nordic skiers idolize:



Again, here's a reminder to drivers to slow down turning off from HBM Rd and be mindful that there are plenty of kids, dogs, large humans and other drivers around.



HOW I THINK I DRIVE



HOW I ACTUALLY DRIVE

As you know, we are now communicating that dogs *have right of way* on the dog trails, but it seems some people have interpreted that to mean that dogs can go any which way around the loop. This is not the case! Signs are coming to clarify, but we are still skiing the dog trails in the same direction as we always have, but *Dogs Have the Right of Way* means that skiers can't expect dogs to get out of their way. The human must be prepared to do the moving if there's a dog encounter on the dog loop.



**TO BE CLEAR:
DOG TRAIL DIRECTION
OF TRAVEL HAS NOT
CHANGED**

**IF THERE'S A HUMAN/DOG
ENCOUNTER, HUMANS MUST
YIELD TO DOGS ON THE
TRAILS, AS DOGS HAVE THE
RIGHT OF WAY.**

Winter Solstice:

This event surpassed all expectations; skiers loved the activities, socializing, & being out under the stars in this well attended community event! Thank you to the stellar volunteers who aligned everything perfectly to make our Winter Solstice event outshine even the longest night. Sue Harrison & Erica Haugland should be especially noted, having done a great deal to make the night so inclusive, varied, & downright amazing!

COMPARISON IS THE THIEF OF JOY-

**Disgruntled Stonehenge Solstice participants
after hearing about the fantastic BV Nordic event**



Request for Safesport Volunteers:

We've watched the Netflix films about numerous destructive calamities in other sports, so we are happy to report that Nordiq Canada has adopted Safesport Policies for all Canadian clubs to implement; these protocols will benefit our club and contribute positively to the broader skiing community for several reasons:

****Safety and Inclusivity**** These protocols are designed to create a safe and inclusive environment for all participants, ensuring that everyone feels welcome and protected.

****Prevention of Abuse and Harassment**** By following these guidelines, your club can proactively prevent abuse and harassment, which is crucial for maintaining a positive atmosphere.

****Culture of Respect and Integrity**** Implementing these standards fosters a culture of respect and integrity among members, which can enhance the overall experience within the club.

****Trust and Participation**** Aligning with these national standards not only builds trust among current members but can also attract new participants who value safety and respect in sports.

SafeSport memes from a variety of sources, which do you like best?

Meme by Imgflip meme generator & your



Meme by ChatGPT:



By your Director, left to her own devices:



And Now, back to business:

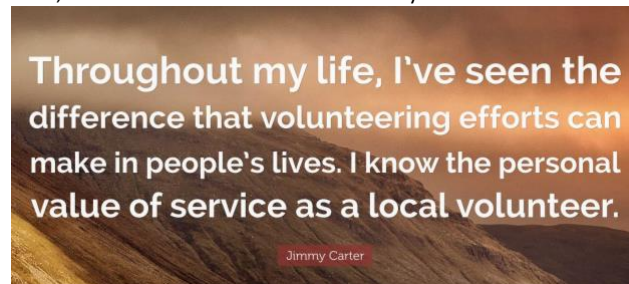
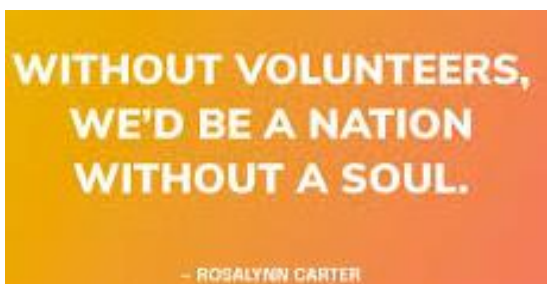
Hey, you there, unassuming reader; it's time to step out of the meme reading daydream & into reality. Whether you're a nature loving recreational skier or that vexing somebody who is crushing their one skate, we need your skills to keep the club cruising smoothly. Here are the latest volunteer requests:

Join the Board as **SafeSport Officer**. This person oversees Safesport policy compliance, acts as a resource for club members, and initiates education opportunities.

Become a member of **Safesport Committee**, oversees SafeSport compliance, acts as a resource for members, initiates engagement opportunities to teach members to recognize, prevent, & address maltreatment.

Become a member of **Screening Committee**, implements Screening Policy, monitoring completion of training requirements, notifying affected individuals of requirements, reviewing documents, & making decisions regarding the appropriateness of individuals filling club positions.

These visuals are in honour of the consummate volunteer, former US President Jimmy Carter:



YES?! You will use your superpowers to volunteer for SafeSport?

Let us know: info@bvnordic.ca

Update on our quest for a new registrar:

You may remember the board repeatedly asking for someone to step up? Well, a superhero did emerge!

Let's introduce our new registrar: Laura Greene! This is what Laura has to say, "I have lived in the Bulkley Valley for the past 11 years. Since moving to my husband's hometown, I have fallen in love with cross country skiing. I have noticed over the years that BV Nordic is one of the most well-run volunteer organizations I have seen and felt this role was a really good fit for me."

Above all, Laura & the BV Nordic Board would like to take a moment to thank Liz for her commitment to the role for 15+ years! She has been amazing at supporting Laura in transitioning to the complex role of registrar.



Outgoing Registrar, Liz with her daughter out enjoying the trails



Our New registrar, Laura, with her family

What Were You Thinking?!? Were you even thinking?

At some point over the holiday season, someone removed signs at the junctions of Hound Heaven (dog-friendly) & Pine Creek mid-loop (no dogs allowed). The signs weren't just knocked over, **they were unbolted & unscrewed**; someone had to bring tools to do this. And, almost immediately, we started getting reports & complaints about dogs on the Pine Creek mid-loop.

We are annoyed, frustrated and at a loss of how to deal with this type of behaviour. It isn't cute; it isn't clever. Also annoyed & frustrated are some of your fellow skiers who want to enjoy a dog & poop free ski.

If you think that there should be more dog trails, sign up to help develop them. We presented a draft trail plan that includes a new dog trail at the AGM & it was discussed in an earlier newsletter (and on our website). We have repeatedly emphasized that a new trail will only be built if people come forward to help. Removing signs will not help have more dog trails.

-Submitted by the BVCCSC Board of Directors

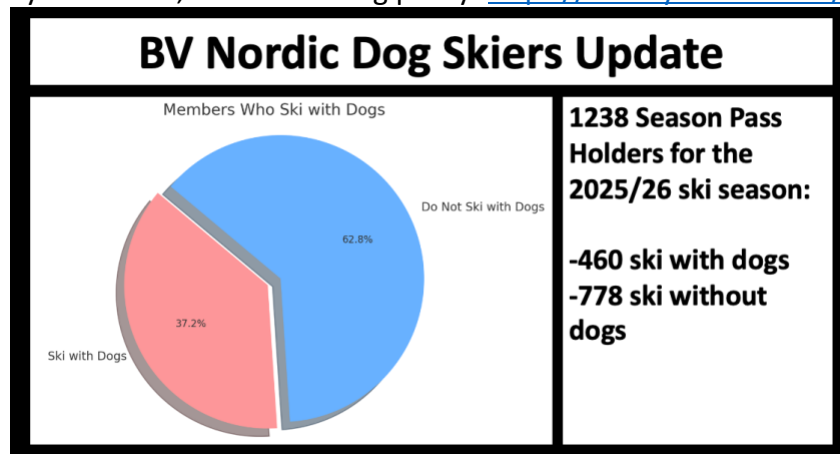


Where my mind goes when I think of the sign vandal



Speaking of Dogs:

Before heading out with your canine, review our dog policy: <https://www.youtube.com/watch?v=ua8HHfjk-A8>



For Something More Positive, BV Nordic by the numbers:

As of Jan 7, 2025 - 1238 BVCCSC Members

Rabbits - 100 children

ADP/ Junior – 31 youth

Track Attack – 33 youth

Master's Lite – 16 skiers

Masters - 16 skiers

Biathlon Masters – 8 skiers

Biathlon Youth - 9 skiers



Recent snow camp activities!



UPCOMING EVENTS: <https://bvnordic.ca/events-activities/>

JAN 19, SUN

9am, **Coach Training with Andrea**

JAN 26, SUN

Womxn's Ski Clinic (full)

FEB 8/9, SAT

Teck Northern Cup #1/2 & Chris Dahlie Open

This race is for every age and ability!

Soon look to zone4 for registration & the next newsletter for volunteer opportunities

FEB 16, SUN

10am, **McBike Family Day-**

Free skiing all day & free rentals

10am - 2pm at the lodge

For insurance, participants must pick up their free pass at dog parking lot or Lodge

** We are looking for an intrepid volunteer to make this day a wonderful experience for new skiers and visitors to our trails. Contact events@bvnordic.ca

MAR 15, SAT

Wetzin'kwa Loppet – BVCCSC hosting

Holiday Hustle Results:

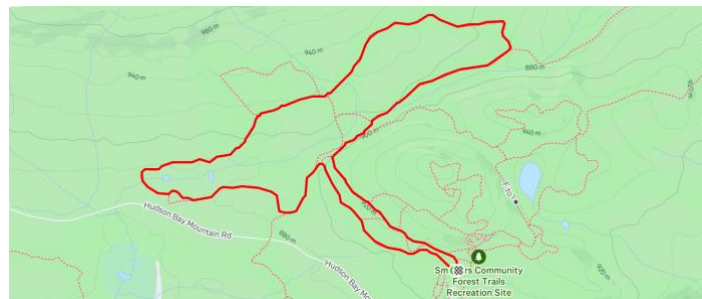
Give yourself a pat on the back if you were one of the 120+ people who skied nearly 200 laps of this year's Holiday Hustle -- that's about 10% of our members out enjoying one of our best trail loops!



It feels a lot hillier than this graph depicts...

For the 3rd year (maybe 5th, who can keep track?) Dave Doogan-Smith recorded the quickest skate lap in 25:25 minutes. He also had the fastest classic lap in 28:34. He's too quick to record on camera, but if a *friendly, wickedly* fast person jets past you & tells you that you're doing great, it's likely Dave. 😊 The head of the Ski Boosters, Yeva Glover, picked right back up where she left off in her return to skiing this year and recorded a great time of 33:07 to take the women's skate win. Theresa White continues to rock on classic skis, taking the win in a terrific time of 39:35.

But the Hustle isn't about skiing fast, it is just about skiing, and *anyone* can win a prize! Our big prize this year, a month pass to [Nordic Ski Lab's](#) archives, goes to Daniel Sessford.



Who sees a boot with a fancy tassel hanging off the heal?

There are also prizes for Greg Dyxhoorn, Kira Hoffman, Malcolm Johnson, and Mark Bandstra for skiing the route the most often. Random draw prizes go to: Ben Forsyth, Josie Love, Dustin Hersee, Fred Oliemans, Teresa Delany, Morgan Monkman, and Kent Coish. Prizes will be available to pick up from the bulletin board outside the lodge after Saturday January 11. Thank you to all the volunteers who made this event possible & to the groomers for setting fantastic tracks for its duration!



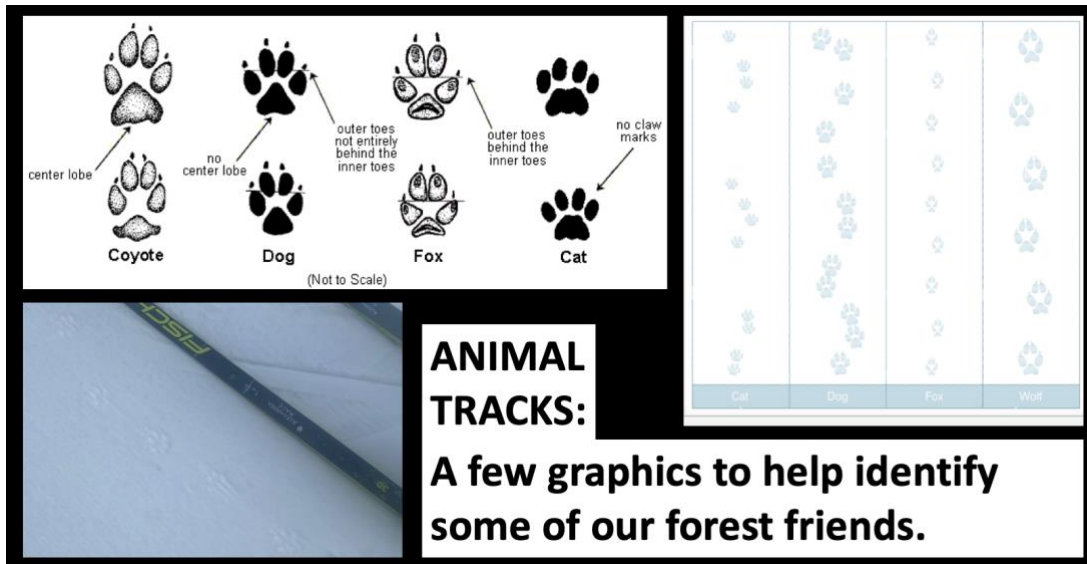
Photo Credits: Emmy Lou & BV Nordic

Trivia Question:

Before the impressive Buchfink Family Memorial Ski Lodge, what was used as a lodge?

Answers to: communications@bvnordic.ca to be entered in an end of season draw at McBike!

Some Lovely Images from the Club:



Klaebo- Fun Facts About the Pre-Eminent XC Skiing Role Model:

1. Famous for the *Klæbo step*, a unique uphill ski running technique. It's so distinct that it has been analyzed by sports scientists and copied by competitors.
2. Klæbo loves collecting toy cars, he's been fascinated by cars since childhood, & still enjoys this pastime.
3. In YouTube videos, Klæbo uses a hoverboard for balance training, this is not typically associated with skiing.



Spends lots of time with fans after races



Gave 2nd place Alex Harvey his spot on the top of the podium when Harvey was retiring in Quebec City



Says yes to fan shots regardless of the time it takes

Movie Recommendation:

Watch with your family, it captures the joy of skiing: **The Bill Koch Experience:** <https://vimeo.com/374213250>

Do you have a favourite ski hack to share? A recipe that you love? A Nordic book, podcast, or movie to share?

Send to: communications@bvnordic.ca



Have a lovely New Year! From Sarah 😊

PS- Why do my husband & I have so many Revelstoke outfits? It's not that we don't love BV Nordic! Our kids raced for ages & there's an embroidery shop that put the logo on all our gear (only \$14!). As the kids grew, more items got embroidered, & more tights, warmups, & jerseys bought. Rory & I ended up inheriting them all; sadly, we are veritable clothes horses of RNSC gear!

Our community sponsors give so much to us, support them whenever possible:

Annual Sponsors

Annual Sponsors provide financial support to the Club.

The image displays a collection of logos for various community sponsors. The logos are arranged in a grid-like fashion. At the top left is the CN logo. To its right is the Summit Camps logo, which features a mountain peak. Below CN is the Silver King logo, which includes a shield with 'SK' and 'SILVER KING' text. To its right is the Smithers Timber Mart logo, featuring a stylized house icon. Below Silver King is the Nature's Pantry logo, which has a leaf design. To its right is the Stork Nest Inn logo, featuring a stork carrying a bundle. Below Nature's Pantry is the Here's How logo, which has a stylized 'H' and 'h' icon. To its right is the LB Paving logo, which is a black circle with a white 'B' and 'LB PAVING' text. Below Here's How is the Pro-Tech Forest Resources Ltd. logo, which includes a mountain range and the text 'PRO-TECH FOREST RESOURCES LTD. Telkwa, BC (250) 846-5060'. To its right is the Castle Building Centres logo, which features a castle tower icon. Below Pro-Tech is the Perry & Company logo, which includes a tree icon and the text 'PERRY & COMPANY BARRISTERS AND SOLICITORS NOTARIES PUBLIC'. To its right is the Bulkley Valley Community Foundation logo, which features a leaf icon and the text 'BULKLEY VALLEY COMMUNITY FOUNDATION Planting Seeds for Tomorrow'. At the bottom left is the Pacific Inland Resources logo, which features a stylized house icon.